



EAST-WEST KARA-TE • Calendar of Events

December 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 NO CLASSES	1 Adv. Kids & Teens -5:15 Intermd. Kids -6:00 (Sets / Self-Defense) Bgr. Kids - 6:45 Pre-Karate - 7:00 "Open Gym" Adults 7:30 pm	2 Mixed Adults - 5:30 (Renzokuken)	3 Semi-Adv. Kids - 6:00 (Sets / Kata) Mixed Adults -7:00	4 Japanese 7-7:45 or 8-8:45 Weapons: 5:45pm Bgr. Adults/Def 1st -7:00 Semi-Adv Adults -7:30 (Sets + Sparring Skills)	5 NO CLASSES	6 Christmas Orders Deadline Weapons: 10:15am Mixed Adults/Def 1st 11:30 am Kids Karate -12:30pm
7 NO CLASSES	8 Adv. Kids & Teens -5:15 Intermd. Kids -6:00 (Kicks / Kata) Bgr. Kids - 6:45 Pre-Karate - 7:00 "Open Gym" Adults 7:30 pm	9 Mixed Adults - 5:30 (Kata)	10 Semi-Adv. Kids - 6:00 (Falling / Spar. Skills) Mixed Adults -7:00	11 Japanese 7-7:45 or 8-8:45 Weapons: 5:45pm Bgr. Adults/Def 1st -7:00 Semi-Adv Adults -7:30 (Self-Defense)	12 NO CLASSES	13 Weapons: 10:15am Mixed Adults/Def 1st 11:30 am Kids Karate -12:30pm
14 NO CLASSES	15 Adv. Kids & Teens -5:15 Intermd. Kids -6:00 (Te Waza / Self-Defense) Bgr. Kids - 6:45 Pre-Karate - 7:00 "Open Gym" Adults 7:30 pm	16 Mixed Adults - 5:30 (General Waza)	17 Semi-Adv. Kids - 6:00 (X-Basics / Sets) Mixed Adults -7:00	18 Japanese 7-7:45 or 8-8:45 Weapons: 5:45pm Bgr. Adults/Def 1st -7:00 Semi-Adv Adults -7:30 (Combinations+Hvy Bag)	19 NO CLASSES	20 Weapons: 10:15am Mixed Adults/Def 1st 11:30 am Kids Karate -12:30pm
21 NO CLASSES	22 Dojo Appreciation Day NO CLASSES	23 Mixed Adults - 5:30 (Kata)	24 MERRY CHRISTMAS! NO CLASSES	25 MERRY CHRISTMAS! NO CLASSES	26 NO CLASSES	27 Weapons: 10:15am Mixed Adults/Def 1st 11:30 am Kids Karate -12:30pm
28 NO CLASSES	29 Adv. Kids & Teens -5:15 Intermd. Kids -6:00 (X-Basics / Kata) Bgr. Kids - 6:45 Pre-Karate - 7:00 "Open Gym" Adults 7:30 pm	30 Mixed Adults - 5:30 (Create-A-Waza)	31 Kids Super Secret Chop-Shop 9:15am-3:15pm (See Flyer) No Regular Classes	1 NEW YEAR'S WORKOUT! 10:30AM-NOON Adults & Orange Belt+ Kids Bgr. Adults -7:00pm	2 NO CLASSES	3 Weapons: 10:15am Mixed Adults/Def 1st 11:30 am Kids Karate -12:30pm
4 NO CLASSES	5 Adv. Kids & Teens -5:15 Intermd. Kids -6:00 (Te Waza / Kicks) Bgr. Kids - 6:45 Pre-Karate - 7:00 "Open Gym" Adults 7:30 pm	6 Mixed Adults - 5:30 (Self-Defense)	7 Semi-Adv. Kids - 6:00 (Sets / Self-D.) Mixed Adults -7:00	8 Japanese 7-7:45 or 8-8:45 Weapons: 5:45pm Bgr. Adults/Def 1st -7:00 Semi-Adv Adults -7:30 (Kata + Sets) Office/Instructr Mtg -9pm	9 NO CLASSES	10 Weapons: 9:00 am Semi-Adv. Adults (T-Training - Bgr. Adt) 10:15 am Mixed Adults/Def 1st 11:30 am Kids Karate -12:30pm

Responsibility

Worth

Humility

Courtesy

Courtesy

Respect

Word of the Week